

Adult Indoor Soccer Games



**Cost: \$10 per
player
pay as you go**

Looking for some exciting competition or for a way to get active?

Coming up in October New Rochelle YMCA together with coach Kamel Ayari will begin new & exciting activity for adults.

Adult Indoor Soccer Games are fun & social way to stay fit & sharpen your skills.

Every Tuesday 7:00pm - 8:30pm &

Friday 6:45pm - 8:15pm

Starting October 6, 2009

Must be 18 years or older

What to bring? Indoor soccer shoes, shin guards and water

Have a question?
E-mail coach Kamel at
kayari@nymca.org
www.ayarisoccer.com